

LSAP Goal #1  
Respond to the Cry of the Earth

some helpful images

# “BUTTON UP” your home to stop energy loss

Where to Air Seal in a Home



Set thermostat no higher than 68 in winter, no lower than 78 in summer. Program it to save energy at night, and when you're away.



Seal home leaks

*Check the very thorough EPA guide at <https://www.energy.gov/energysaver/energy-saver-guide-tips-saving-money-and-energy-home>*



Use curtains and shades to help keep heat out in the summer, and keep heat in during the winter



# “RE-ELECTRIFY” in the kitchen, to reduce natural gas usage

Use these small appliances, when possible, instead of the gas oven and stove

✓ Electric tea kettle



✓ Crock pot



✓ Microwave



✓ Electric hot plate (try out the induction models)

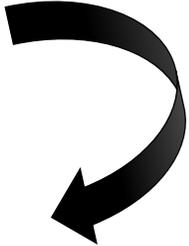


✓ Insta-pot (electric pressure cooker)

*PS – many of these can be purchased second hand, saving money and natural resources*

# REDUCE FOSSIL FUELS when doing laundry...

Wash in cold water, and then line dry...



Avoid this when possible



To reduce this...

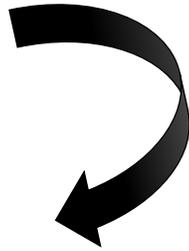


*Cold water wash and hanging clothes dry saves money and energy, reduces air pollution, and might even make your laundry smell better!*

# REDUCE FOSSIL FUELS when doing laundry...

Try these

...



*Save energy and money, and reduce trash, by using wool dryer balls instead of dryer sheets and fabric softeners. Dryer balls, which can last more than a 1000 uses, help the laundry circulate better, reducing drying time. Many people even find their clothing “fluffier.”*



*To avoid this...*



*These products are usually full of chemicals and polyesters, which are harmful in the environment.*

# REDUCE FOSSIL FUELS when purchasing produce

- purchase only the amount needed
- purchase local and in-season, if possible
- let items run “loose” in your cart (“naked”) or use a re-usable/cloth produce bag...

Avoid this when possible



To reduce these...



*God saw everything that He had  
made, and behold, it was very  
good...*

*Genesis 1:31*

